

Name:-\_\_\_\_\_Class\_\_\_\_\_Sec.\_\_\_\_

# General Advice to Parents of Classes KG & Prep

#### **About Food**

- 1. Send seasonal /Green Leafy Vegetables along with Chapati or Prantha .
- 2. Don't send Bhujiya or Papad in Tiffin.
- 3. Send the tiffin daily with child.
- 4. Send any seasonal fruit twice a week.
- 5. Don't give Maggie, Noodles, Macroni or Pasta frequently to child.
- 6. As milk is complete food, give them milk at home.
- 7. Tiffin must be nutritious and completely vegetarian.
- 8. Can give Rice, Pulao once a week

### **HEALTH IS WEALTH**

#### **About Cleanliness**

- 1. Child must take bath daily making use of soap.
- 2. Hair must be properly washed & oiled.
- 3. Uniform must be washed & ironed regularly.
- 4. Nails should be properly cut.
- 5. Shoes must be polished.
- 6. Girls with short hair must wear **Rad** colour hairband.

#### **CLEANLINESS IS NEXT TO GODLINESS**

#### **About Academics**

- 1. Home work must be completed daily.
- 2. Notebooks must be properly covered with name slips on them.
- 3. Student's kit must have pencil, eraser, sharpener. Parents are advised to check it daily before child comes to school.
- 4. School bag must be washed twice a month.

## Dreams Don't Work, Unless You Do

#### **About any Communication**

1. In case ,Parent need to get or send any information from or to the class teacher, he/ she can write it in notebook OR

He/ She can inform telephonically on school's **Landline No. 202922-274425.** during school hours. OR

They can meet personally only to Principal not the class teachers during school hours.

• No other means of communication will be entertained.

#### CO-OPERATE THE SCHOOL FOR THE PROGRESS OF YOUR WARD